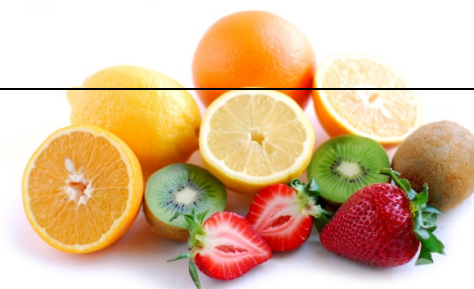


Primary Autumn / Winter Menu 2017/18

Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal	Smothered Chicken in a Tomato Sauce with Savoury Rice and Sweetcorn	Beef Burger served in Bun, with Baked Beans, French Fries and a Tomato Dip	Chicken and Sweet Potato Curry served with Rice	Pasta Bolognese served with Garlic Bread	Breaded Fish Fillet served with Baked Beans, Oven Baked Herby Diced Potatoes
	Main Meal (non meat) Choice	Vegetable Pasta Bake served Crusty Bread	Quorn Biryani served with Naan Bread	Cheese Omelette served with Spaghetti Hoops, Creamed Potatoes	Burrito with Mixed Salad	Sausage Roll served with Baked Beans, Oven Baked Herby Diced Potatoes
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from the salad bar				
	Jacket Potato	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese ( 3 available daily)				
	Pudding	Frozen Smoothie	Fruit Sponge with Custard	Fruity Day	Chocolate and Orange Muffin	Muffin with a Butter cream Filling
	Pudding	Shortbread Biscuit	Chocolate Cookie with ½ Fruit	Cheese and Biscuits	Oaty Biscuit with ½ Fruit	Cheese and Biscuits
	Pudding	Selection of Fresh Fruits /Yoghurt				



Primary Autumn / Winter Menu 2017/18

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 2</b>	<b>Main Meal</b>	Sliced Turkey, Gravy served with Broccoli, Roast Potatoes	Chicken Curry served with Rice, Naan Bread	Sausages served with Baked Beans, Creamed Potatoes	Homemade Meat Pie served with New Potatoes, farmhouse Vegetables and Gravy	Fish Finger Wrap served with Oven Baked Chipped Potatoes, Peas and a Tomato Dip
	<b>Main Meal (non meat) Choice</b>	Brunch (Sausage, Hash Brown, Omelette, Baked Beans) served with ½ Tomato	Cheese and Tomato Pizza served with Herby Diced Potatoes and Tomato Salsa	Country Bake, Baked Beans and creamed potatoes	Meat balls in Tomato & Basil Sauce served with Pasta and Crusty Bread	Quiche served with Oven Baked Chipped Potatoes, Peas and a Tomato Dip
	<b>Cold Choice</b>	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	<b>Jacket Potatoes</b>	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese, ( 3 available daily )				
	<b>Pudding</b>	Chocolate Sponge with Chocolate Sauce	Lemon Drizzle Cake	Fruity Day	Arctic Roll	Fruit Sponge with Custard
	<b>Pudding</b>	Ginger Biscuit with ½ Fruit	Viennese Biscuit with ½ Fruit	Cheese and Biscuits	Chocolate Biscuit with ½ Fruit	Cheese and Biscuits
	<b>Pudding</b>	Selection of Fresh Fruits/ Yoghurts				



Primary Autumn / Winter Menu 2017/18

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal	Chicken Fajita served with Oven Baked Jacket Wedges, sweet corn	Meatball Sub roll with Oven Baked Chipped Potatoes and Mixed Salad	Marinated Chicken with Savoury Rice and Peas	Lasagne served with Garlic Bread	Fish Fingers served with Creamed Potatoes and Baked Beans
	Main Meal (non meat) Choice	Cheese and Tomato Pizza served with Oven Baked Jacket Wedges, sweet corn and a Tomato Dip	Chick Pea Vegetable Curry with Rice and Cucumber Dice	Salmon Fillet served with Spaghetti Hoops, Creamed Potatoes	Homemade Cheese and Onion Quiche served with Baked Beans, Hash Browns	Vegetable Nuggets served with Creamed Potatoes and Baked Beans
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	Jacket Potato	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese ( 3 available daily)				
	Pudding	Fudge Brownie Slice	Iced Sponge	Fruity Day	Fruit Jelly with a Cream Topping	Oaty Fruit Crumble served with Custard
	Pudding	Shortbread Biscuit with ½ Fruit	Wagon Wheel Biscuit with ½ Fruit	Cheese and Biscuits	Lemon Cookie with ½ Fruit	Cheese and Biscuits
	Pudding	Selection of Fresh Fruits/ Yoghurt				

